

BIPOC leaders & Womxn Fall Series Circles

BIPOC leaders 1/week podcast and 1/month unpack - free, with Gwen facilitating

This Series began in July after we completed the Layla Saad "Me and White Supremacy" 28 Day Challenge with Ken MacDonald facilitating. Ms. Saad had recommended a few BIPOC leaders to listen to and so the list began! The Summer Series Circle met once a week on zoom, which created not only accountability, but also community as we wrestle and reckon with Privilege and Patriarchy!

I'm involved in a few other groups which bring BIPOC authors, poets, dancers, restorative justice seekers into my listening and learning realm. I draw from these books, podcasts, round tables, courses to continue the list. It can be overwhelming to do this on one's own. If you wish to do so, please reach out and I'll gladly share the list with you!

Womxn in Classical Music Circle with Cayla Charles from Credence and Company facilitating. \$175

The inaugural once/month series January - June 2022 was led by Dr Betty Pries (non musician, CEO of Credence and Co), Carolyn Christie and me. I had taken a few of Betty's workshops and courses and knew she had something special to offer us - I was not wrong !!. I've known and loved Carolyn for years, so I knew she could bring her many years of experience within the ever changing orchestral and music education world along with her post OSM Masters of Human Kinetics and certified mental skill consultant to the group! I brought my years of Pender Island Flute Retreat, coaching, performing, teaching and parenting experience. These sessions were amazing and transformative.

We took some time to discern next steps for this group, including feedback forms, and have decided to shift a little. Carolyn is going to be a part of the Mental Skills and Mindfulness for teachers Series and Cayla from Credence and Co is going to lead 3, 90 minute sessions this Fall

- Power Privilege and Prejudice
- Riding the Curve of Change
- Transforming Polarized Thinking



Gwen Klassen she/her

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